



COMMUNITY DAY CHARTER SCHOOL

Breakfast Meal Pattern Requirements
 Milk: 8 oz.
 Fruit or Veg: 1c/8oz.
 Grain: 2oz.

Lunch Meal Pattern Requirements
 Milk: 8 oz.
 Fruit: 1c/8oz
 Veg: 1c/8oz.
 Grain: 2oz.
 Protein: 2oz.

Allergy meals will not contain whole eggs, dairy, and items listed below.

Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>DECEMBER 2024</h1>				
DECEMBER 2	DECEMBER 3	DECEMBER 4	DECEMBER 5	DECEMBER 6
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Corn Muffins, Apple Slices, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk	Breakfast: Pancakes, Oranges, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
DECEMBER 9	DECEMBER 10	DECEMBER 11	DECEMBER 12	DECEMBER 13
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: American Chop Suey, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
DECEMBER 16	DECEMBER 17	DECEMBER 18	DECEMBER 19	DECEMBER 20
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
DECEMBER 23	DECEMBER 24	DECEMBER 25	DECEMBER 26	DECEMBER 27
<h2>HOLIDAY BREAK</h2>				

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider